

Date	Meal	Purchase-list
Tue, 24-Dec		
Loc	Sherwood	
Activity	shopping	
Brkfst	none	
Lunch	leftovers	
Dinner		
Wed, 25-Dec		
Loc	Sherwood	
Activity	Xmas	
Brkfst	Coffee cake, coffee, Mimosas, non-cinamon ?	yes
Lunch	egg nog	
Dinner	Salmon, artichokes (or salad), bread, chocolate cake	yes
Thu, 26-Dec		
Loc	Beach	
Activity	am travel, deliver gifts to Lennae & Mary	
Brkfst	Omlette/bacon at beach	
Lunch	none	
Dinner	Sausage Farfalle	
Fri, 27-Dec		
Loc	Beach	
Activity	crabbing	
Brkfst	cereal	
Lunch	leftovers (or nothing)	
Dinner	crab, artichokes (or snap peas), bread	
Sat, 28-Dec		
Loc	Beach	
Activity	nothing	
Brkfst	Bluberry Pancakes	
Lunch	Lauren tortilla wrap	
Dinner	Chicken strips, french fries, green beans, cornbread	
Sun, 29-Dec		
Loc	Beach	
Activity	LC outlet visit (sans Ted)	
Brkfst	cereal	
Lunch	lunch out	
Dinner	dinner out	
Mon, 30-Dec		
Loc	Beach	
Activity	Crabbing	
Brkfst	none	
Lunch	leftovers	
Dinner	Crab, salad, bread, gift-chocolates w/ wine/port	
Tue, 31-Dec		
Loc	Beach	
Activity	Caballero visit(?), fireworks, shelling crab	

Brkfst cereal
Lunch leftovers
Dinner steak, baked potato, Asparagus, wine, ice cream (diff't if Dolores shows)

Wed, 01-Jan

Loc Beach x
Activity nothing
Brkfst bacon/eggs/toast
Lunch Philly steak sandwich, oven fries
Dinner Ted Lasagnia, garlic bread, roasted balsamic root veggies
<https://www.allrecipes.com/recipe/77215/roasted-beets-n-sweets/?internalSource=hub%20re>
<https://www.allrecipes.com/recipe/233661/chef-johns-lasagna/?internalSource=hub%20recip>

Thu, 02-Jan

Loc Beach
Activity hike
Brkfst cereal
Lunch none
Dinner Doryland Pizza

Fri, 03-Jan

Loc Beach->Sherwood
Activity clean house, return
Brkfst bagels/coffee
Lunch leftovers
Dinner leftovers (@ sherwood)

Sat, 04-Jan

Loc Sherwood
Activity
Brkfst
Lunch
Dinner wine/bean/kielbasa pot, cornbread, leftover veggies

Sun, 05-Jan

Loc Sherwood
Activity T/S Take Lauren back, K Take Nick/Lance back
Brkfst
Lunch
Dinner dinner out

Shopping List

Salmon
Beets
Fr Bread - 3 meals
Artichokes - 2 meals
eggs
more bacon
gnd sausage, 4# (2 recipes)
farfalle noodles

heavy cream
diced tomatos
snap peas
blueberries
green beans
steak
asparagus
onions
marinara sauce, 6c
ricotta cheese, 2#
mozzarella cheese, 16oz
fresh parsley (1 bunch, 2 recipes)
lasagna noodles, 16 oz
parmigan regiano, 1.25c
butter

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